

SHAHAB MEHDIZADEH, M.D.

GASTROENTEROLOGY | ENDOSCOPY | NUTRITION



Beverly Hills Digestive Care

ABOUT DR. MEHDIZADEH

Determined to provide the highest quality of care, Dr. Mehdizadeh combines his expertise in gastroenterology, endoscopy, internal medicine and nutrition to offer a well-rounded approach to the care of his patients. He is consulted by other physicians to evaluate and manage patients with complex diseases.

Dr. Mehdizadeh also cares for patients who are hospitalized with advanced diseases at Cedars-Sinai Medical Center on a daily basis.

DR. MEHDIZADEH is an acclaimed board-certified Gastroenterologist and Endoscopist and has performed thousands of endoscopic procedures.

Dr. Mehdizadeh specializes in the treatment of disorder of the digestive system including, the intestines, liver and the pancreas. He has extensive clinical experience and has successfully performed thousands of endoscopic procedures.



CEDARS-SINAI



Super Doctors

PROCEDURES



Colonoscopy

Allows the examination of the entire colon and rectum and is the best way to diagnose any problems in colon and to remove polyps. A screening colonoscopy can prevent colon cancer and is recommended to start at age 50. Bleeding or abnormalities that cause anemia may also be diagnosed and treated with colonoscopy.

Upper Endoscopy (EGD)

Performed to evaluate symptoms of acid reflux, abdominal pain, nausea or diarrhea. Examines the esophagus, stomach and a short portion of the small intestine and allows for diagnosis of problems such as an ulcer, gastritis, stomach cancer, esophagus cancer or celiac disease.

Capsule Endoscopy

A small camera the size of a pill that is swallowed and travels naturally through the digestive tract taking over 40,000 pictures. Dr. Mehdizadeh is an expert in reading and interpretation of capsule images. Another type of capsule called ESO, is designed to examine the esophagus.

Anoscopy

A quick office procedure that allows for examination of the internal and external hemorrhoids and the anal area. It is sometimes performed when there is anal pain or blood in stools.

PREVENTION & TREATMENT

Colon Cancer Screening

Dr. Mehdizadeh is an advocate of disease prevention. Colon cancer is preventable with proper screening. The first screening colonoscopy is recommended at age 50. Earlier screening may be advised for those with family history of colon cancer. Regular screening significantly decreases your risk of colon and rectal cancer. Dr. Mehdizadeh has safely performed thousands of colonoscopy procedures.

Liver & Pancreas Disorders

Dr. Mehdizadeh treats patients with disorders of the liver and pancreas such as cirrhosis, fatty liver, hepatitis or pancreatitis.

Irritable Bowel Syndrome (IBS)

IBS is very common and symptoms often affect quality of life. IBS may present with a variety of symptoms. Many patients have bacterial overgrowth causing symptoms of gas and bloating. Occasionally these symptoms may be a sign of a more serious disorder such as Celiac disease or a cancer of the colon, pancreas, or ovaries.

Heartburn, Acid Reflux (GERD)

Dr. Mehdizadeh is an expert in disorders of the esophagus such as acid reflux which can lead to difficulty with swallowing, Barrett's esophagus or esophageal cancer. Evaluation by an upper endoscopy can allow early treatment and prevention of esophageal disorders.

Nutrition

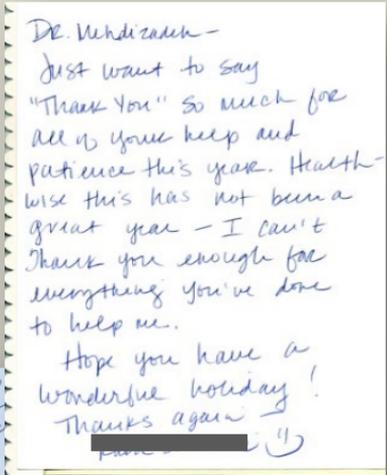
Dr. Mehdizadeh is a diplomate of the American Board of Physician Nutrition Specialists. He works with critically ill patients to prevent weight-loss and nutritional deficiencies. Dr. Mehdizadeh is an attending member of the Nutrition Advisory Support Committee at Cedars-Sinai Medical Center.

PATIENT TESTIMONIALS

“Thank you for seeing me during my stay at Cedars-Sinai hospital. I found you a concerned physician who gave me professional and wise counsel at a time when I had serious concerns about my health.”

“I am writing to thank you for the extreme kindness you have shown my daughter since her diagnosis of Ulcerative Colitis. I am so impressed with the time you have taken with her in order to explain her options for managing her disease. I also can't thank you enough for returning my phone calls. All of these things point to an amazing physician who really cares about his patients! For this, I am indeed grateful. “

“Thank you for caring for me for the past several years. I want to commend you for your wonderful kindness. I feel that you listen to me and I thank you for taking the time.”



Dr. Mehdi Zadeh -
Just want to say
"Thank You" so much for
all of your help and
patience this year. Health-
wise this has not been a
great year - I can't
Thank you enough for
everything you've done
to help me.
Hope you have a
wonderful holiday!
Thanks again
[Redacted]

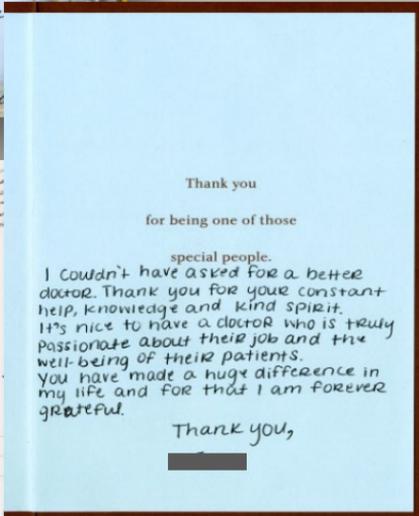


Doctor Mehdi Zadeh
office gifts & New
Year
May the peace and good will
of Christmas be with you
throughout the year
Thank You so much for
taking such good
care of me for so
many years.
[Redacted]



ANTALYA - TÜRKİYE
SANTALARI TA
EĞİTİM Sİ
55 2011 PM
Dear Dr. Mehdi Zadeh
I just had to send you
a thank you note for
taking such good care
of me. I was able to
go to Turkey and work
& also have a chance to
enjoy it. I'm so grateful!
All my best - [Redacted]

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Thank you
for being one of those
special people.
I couldn't have asked for a better
doctor. Thank you for your constant
help, knowledge and kind spirit.
It's nice to have a doctor who is truly
passionate about their job and the
well-being of their patients.
You have made a huge difference in
my life and for that I am forever
grateful.
Thank you,
[Redacted]

SHAHAB MEHDIZADEH, M.D.



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