

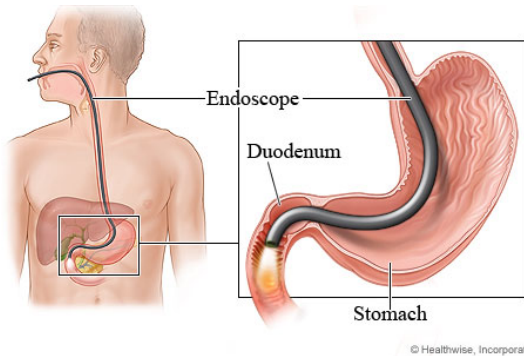
Beverly Hills Digestive Care

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Instructions for Upper Endoscopy



Date

Last Name, First

One Week prior to procedure

Please do not take any Aspirin, Motrin, Advil, Aleve, Ibuprofen (or other anti-inflammatory drugs), Ticlid, Vitamin E, Ginkgo Biloba, St John's Wort, or any supplements containing iron for 7 days prior to procedure. Instructions regarding Coumadin or Plavix should be supplied by your doctor. If you accidentally take one of the above medications call your doctor.

One Day prior to Procedure

Take nothing by mouth after midnight, and no breakfast (including no water, tea or coffee) in the morning of procedure.

Day of Procedure

Do not drive yourself. Please be sure to have someone drive you to the Surgery Center and also take you home after the procedure. No Taxi Cabs, unless you are accompanied by someone you know. No other public transportation.

Please arrive at _____ at _____, on _____
Location Time Date